



2025 Telehealth

Landsc

ape

Update

Sherrie Williams, TA

Consultant

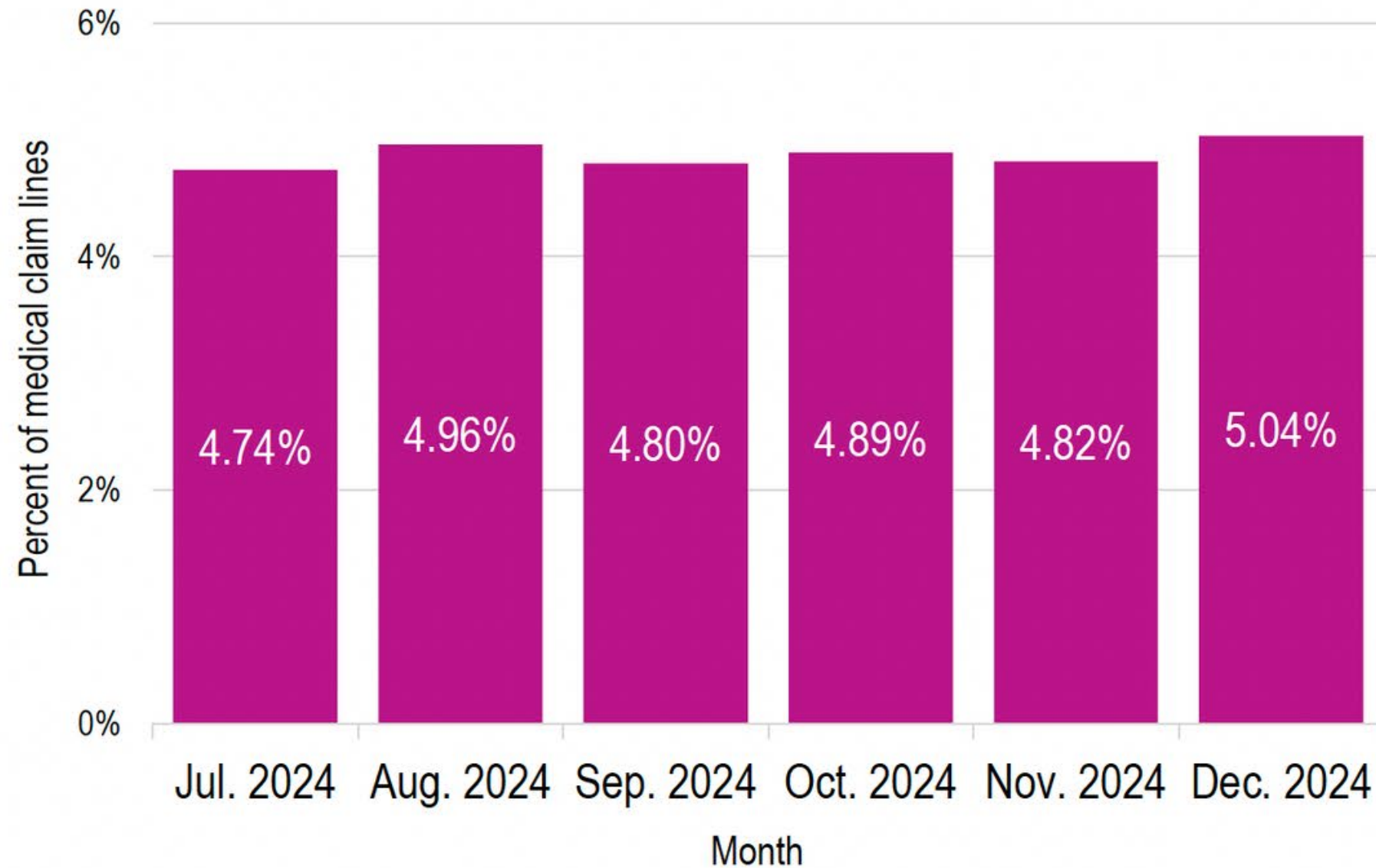
April 2025



Percent of Medical Claim Lines

Percent Change (Jul.-Dec.)

6.13%



Top Five Diagnostic Categories

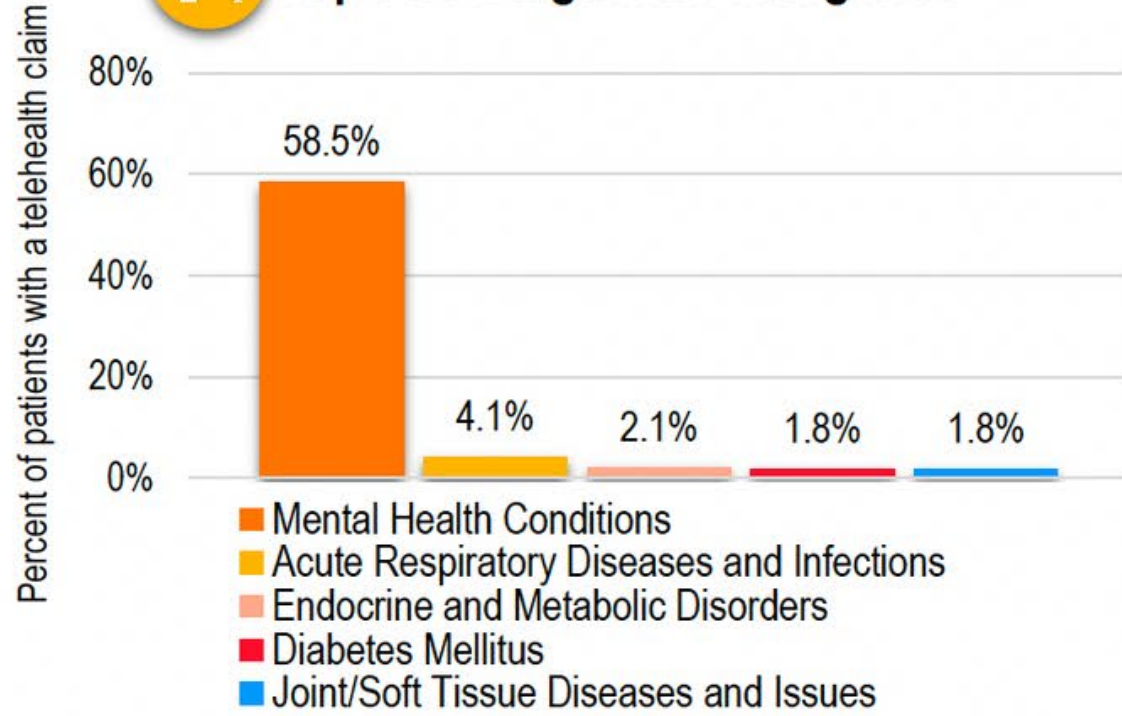
(Percent of Telehealth Claim Lines)

	Jul. 2024	Aug. 2024	Sep. 2024	Oct. 2024	Nov. 2024	Dec. 2024
Mental Health Conditions (67.01%)	Mental Health Conditions (67.58%)	Mental Health Conditions (67.18%)	Mental Health Conditions (68.72%)	Mental Health Conditions (66.90%)	Mental Health Conditions (66.70%)	
Endocrine and Metabolic Disorders (1.64%)	Endocrine and Metabolic Disorders (1.59%)	Acute Respiratory Diseases and Infections (1.84%)	Acute Respiratory Diseases and Infections (1.93%)	Acute Respiratory Diseases and Infections (2.67%)	Acute Respiratory Diseases and Infections (3.34%)	
Hypertension (1.49%)	Acute Respiratory Diseases and Infections (1.56%)	Endocrine and Metabolic Disorders (1.64%)	Endocrine and Metabolic Disorders (1.62%)	Endocrine and Metabolic Disorders (1.66%)	Encounter for Examination (1.57%)	
Developmental Disorders (1.46%)	Developmental Disorders (1.44%)	Hypertension (1.54%)	Developmental Disorders (1.48%)	Hypertension (1.61%)	Endocrine and Metabolic Disorders (1.52%)	
Joint/Soft Tissue Diseases and Issues (1.41%)	Overweight and Obesity (1.42%)	Developmental Disorders (1.49%)	Hypertension (1.44%)	Developmental Disorders (1.47%)	Hypertension (1.46%)	

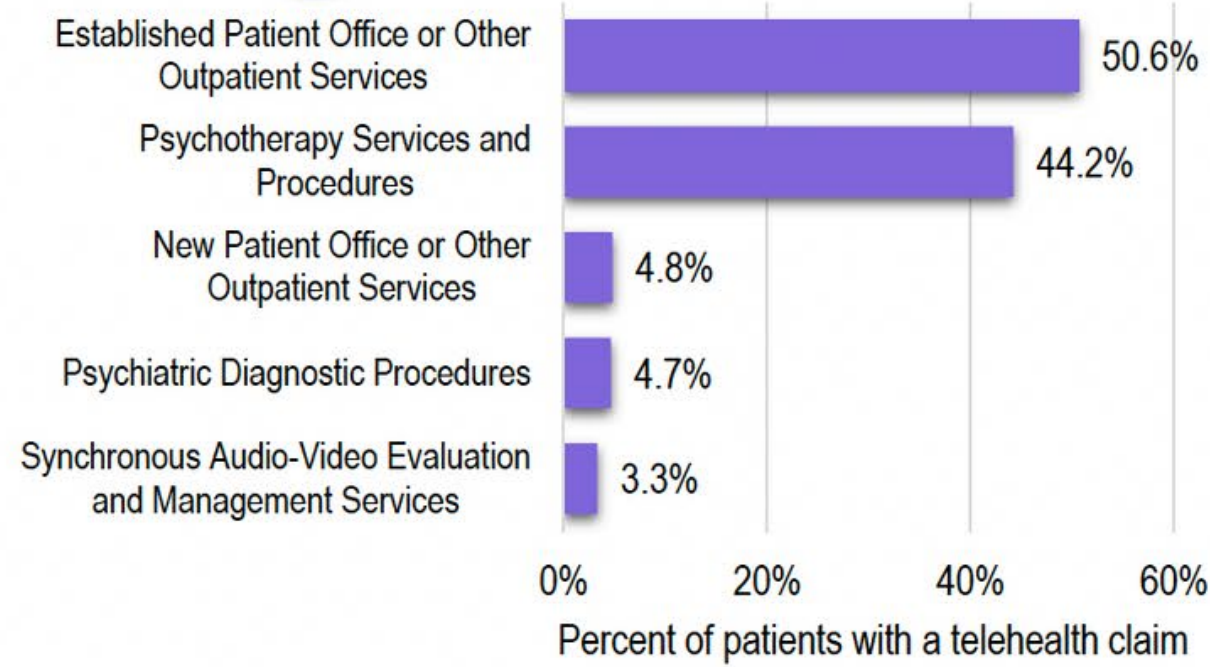
Source: FH NPIC® database of more than 50 billion commercial medical and dental claim records from more than 75 contributors nationwide. Copyright 2025, FAIR Health, Inc. All rights reserved. CPT © 2024 American Medical Association (AMA). All rights reserved.



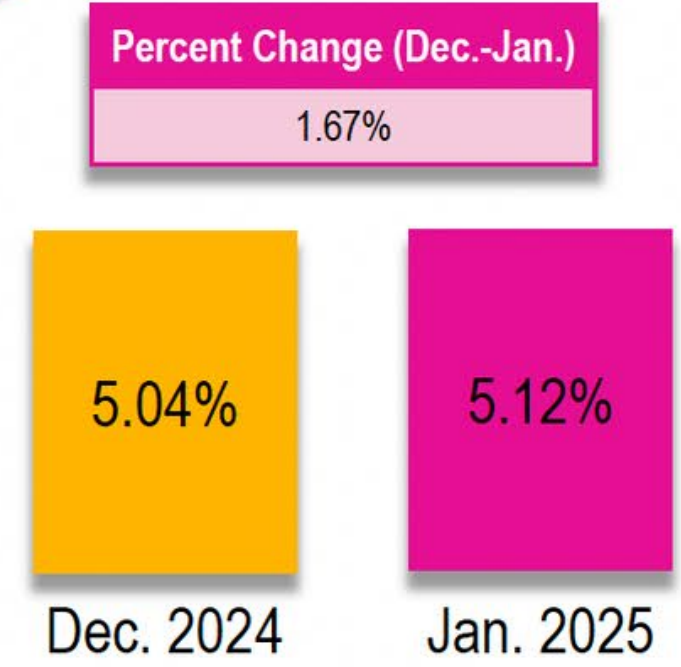
Top Five Diagnostic Categories



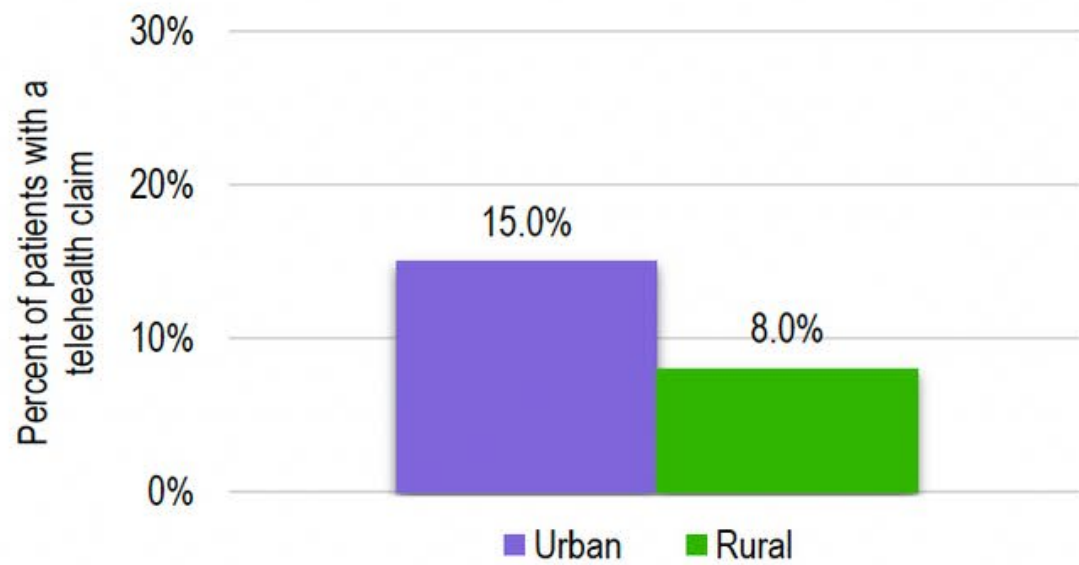
Top Five Procedure Categories



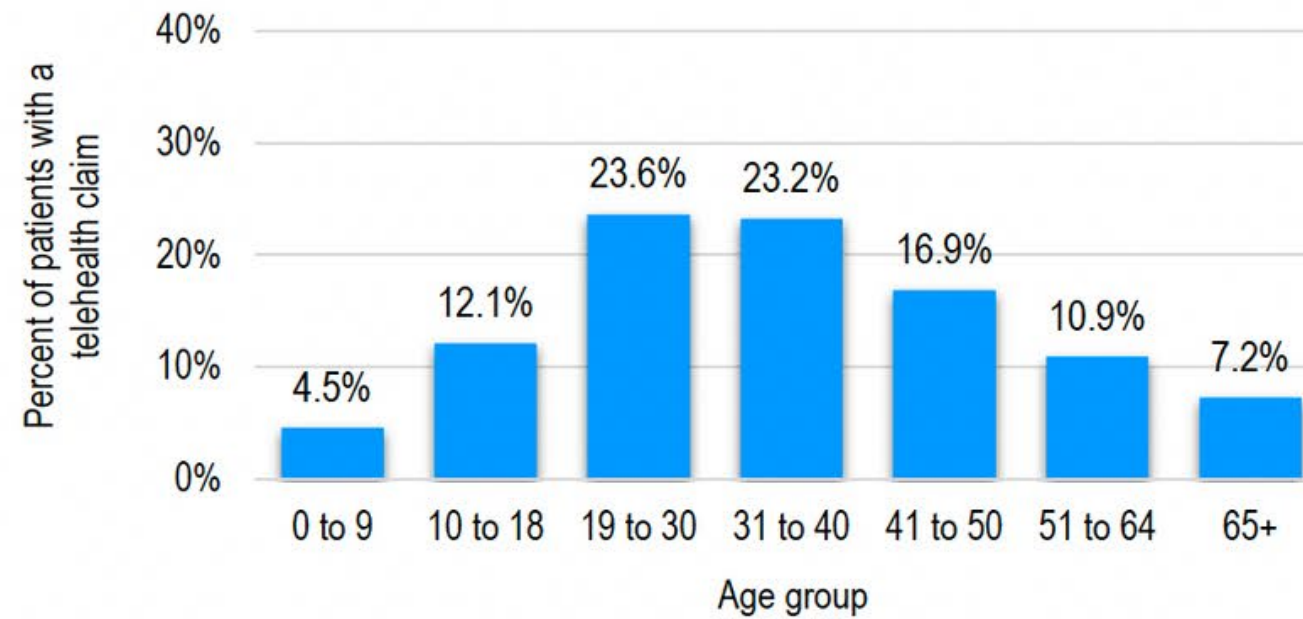
Percent of Medical Claim Lines



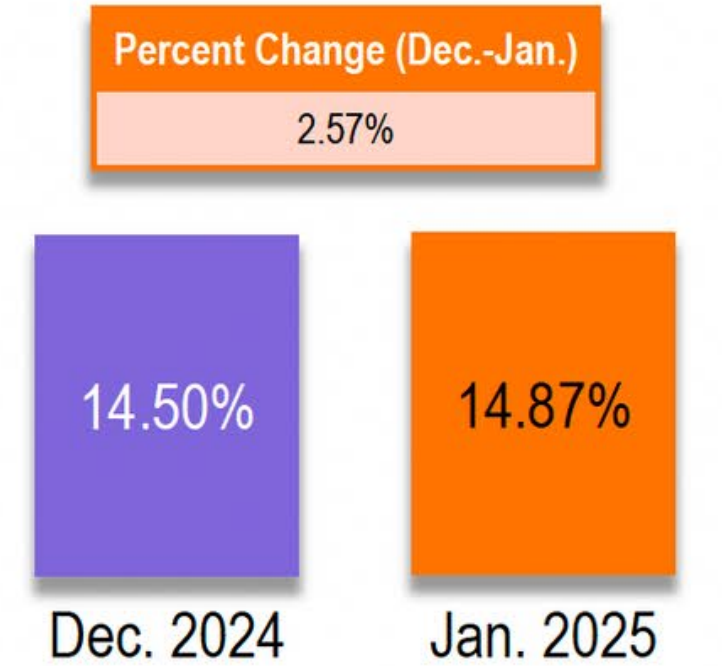
Telehealth Usage, Urban vs. Rural



Age Distribution



Percent of Patients with a Telehealth Claim



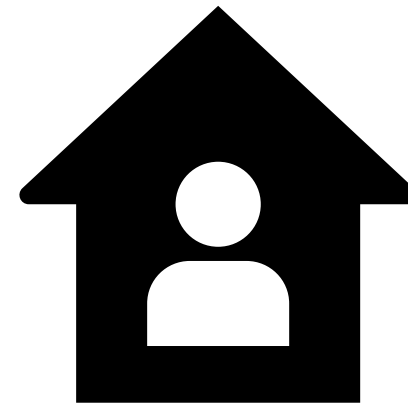
Source: Commercially insured patients drawn from FAIR Health's FH NPIC® database of more than 50 billion commercial billed medical and dental claim records from more than 75 contributors nationwide. Copyright 2025, FAIR Health, Inc. All rights reserved. CPT © 2024 American Medical Association (AMA). All rights reserved.

Medicare Policy Extensions

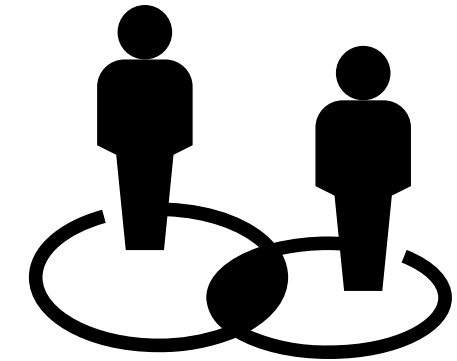
Thru September 30, 2025



Waiving geographic and specific site requirements



Extending the acute hospital at home program



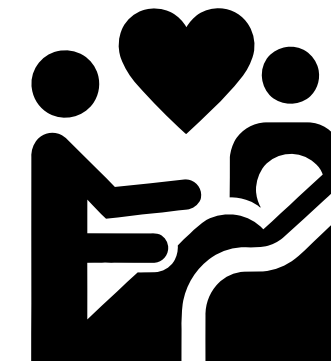
Delaying mental health in-person requirements



Allowing all eligible practitioners to furnish telehealth services, including federally qualified health centers (FQHCs) and rural health clinics (RHCs)



Allowances for audio-only



Continue to allow telehealth to be used to conduct the face-to-face encounter recertification for beneficiaries eligible for hospice care

Pending Federal Legislation

(related to the workforce program)

HR 290

Title: Rural Telehealth and Education Enhancement Act of 2025

Status: Introduced

The proposal aims to extend the authorization of the Distance Learning and Telemedicine Program of the Department of Agriculture from 2023 to 2030. This legislative action seeks to continue supporting rural communities by enhancing access to telehealth and distance learning resources. It was introduced in the House and referred to the Committee on Agriculture, as well as the Subcommittee on Commodity Markets, Digital Assets, and Rural Development. The bill is part of an ongoing effort to bridge the digital divide in rural areas.

SB 248


Title: Sustainable Cardiopulmonary Rehabilitation Services in the Home Act

Status: Introduced

Permanently extends certain in-home cardiopulmonary rehabilitation flexibilities established in response to COVID-19. Specifically, it allows or virtual cardiopulmonary rehabilitation when furnished as a telehealth service through audio-visual real-time communications technology or when such home is designated as a provider-based location of a hospital outpatient department. It also allows a hospital to be a distant site provider for telehealth. Additionally, starting January 1, 2026 it would provide an exemption from the geographic Medicare requirement with respect to telehealth services for cardiac and pulmonary rehabilitation programs conducted at specific types of originating sites. Finally, the bill would require the HHS Secretary to not later than 30 days after the date of enactment to establish standards for the designation of the home of an individual with status as a provider-based organization of a hospital consistent with the waiver issued through the Hospital Without Walls program for cardiac rehabilitation, pulmonary rehabilitation and intensive cardiac rehabilitation.

AI Legislation

- **94 = current pieces of pending state and federal legislation**
- **Executive Order (EO) 14179, “Removing Barriers to American Leadership in Artificial Intelligence” signals a move toward Innovation and away from risk aversion**

 **Note: There are inconsistencies regarding how various federal departments and states define AI. Read all policies carefully to ensure understanding**

Resources

Center for Connected Health Policy - CCHPca.org

The National Consortium of Telehealth Resource Centers -
telehealthresourcecenter.org

FairHealth - fairhealth.org

RHI Hub - ruralhealthinfo.org